

# GETTING TO KNOW YOU



May we all be changed into His Image by His Spirit that lives within us. 2 Cor. 3:18 239-369-WORD 29 Homestead Rd. S.





### DEVOTIONAL BY ELDER KEITH FREEMAN TEAR DOWN AND REBUILD

We, as humans, unknowingly at times build up walls and boundaries inside our minds. We put up walls to protect us from all types of things like fear, rejection, weakness, and insecurities. We hide behind lies and false perceptions of who we are and because of that we project those lies and perceptions on those around us. Every day there is a battle waging in the Heavens (our minds) whether we are aware of it or not. But if we stop our thoughts in their tracks and call upon the Lord, the Heavens come down. God opens our eyes to the truth, and peace will overcome all the commotion that wages inside and around us. It's usually what's going on inside of us that dictates our perception of the outside world and those in it.

Thankfully our God comes in to destroy and tear down, but He also rebuilds. He does this through love because He has a great and overwhelming love for us. The reality is the tearing down that seems so hard and painful is the exact opposite. The tearing down is just acts of kindness and love towards us that cause the walls and boundaries to collapse, no..... not collapse, but rather melt. The fervent love of God melts away our fear and insecurities and then builds inside of us a faith and truth that cannot be overcome by those old lies. God changes our perception of who we think we are back to our true identities. But we must stop and seek Him. Listen for His voice, especially when life and circumstances are the loudest and seem the most out of control. Only God can save us and that is His plan, to save our souls. Something comforting about these lives we live is knowing that we are all in this together going through similar battles. I like how Paul explained it in these scriptures,

2 Corinthians 10:2-8 I beg you that when I come I may not have to be as bold as I expect to be toward some people who think that we live by the standards of this world. For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. And we will be ready to punish every act of disobedience, once your obedience is complete. You are judging by appearances. If anyone is confident that they belong to Christ, they should consider again that we belong to Christ just as much as they do. So even if I boast somewhat freely about the authority the Lord gave us for building you up rather than tearing you down, I will not be ashamed of it.

The weapons we fight with are love and kindness along with the other 7 you'll find in Galatians 22. The same weapons Christ used to melt away our strongholds. We all belong to Christ and are one. We no longer judge by appearances but by what is inside. And by the divine power found in the weapons of God, we will tear down lies by building each other up causing the lies to melt away like wax.



## **Hello From Helen**

Hello,

This is going to be a wonderful month! Happy 36<sup>th</sup> Anniversary New Image Ministries! Wow, 36 years and counting, I feel so blessed to be a part of this ministry. Just so you know our color for the year 2024 is: "BLUE" any shade of blue.

So on the day of our anniversary will have a business meeting and that's where we find out about our finances, and how everything went in 2024.

There will be a dinner, of course, lol. Chef Peg Lynch and her helpers will prepare a wonderful meal as always and as I always say the best part is the fellowship and having a chance to have quality time with our church family.

I love to take this time to reflect on how blessed we all are to be a part of New Image Ministries and to have the most wonderful Pastors in the world! Pastor Michael, Pastor Phil and of course Pastor Phil Sr. (Pastor Dad) are just amazing to me and I know that I'm not alone; WE THANK YOU!

I don't ever want to take any of this for granted because we have true love for God and for each other here. So if you can attend our anniversary celebration, please do and you will be blessed for it. The first month of the New Year, January 2024 was a good month. I came to work one day and all of the Christmas decorations were gone; see you next Christmas and thank you Lord for a wonderful Christmas in 2023!

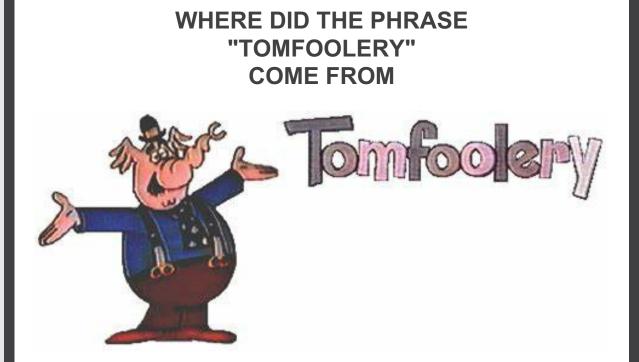
I have to give a big shout out to our New Image Ministries praise team. Wow are they awesome, Tric Pliley, Randy Terenna and Tiger Lou Ruiz, you are all so faithful and powerful. True Worship! Have a blessed February and hope to see you at our 36<sup>th</sup> Anniversary!

> With love and blessings, Deacon Helen J. Caliendo





Save money by buying the least expensive dishwasher soap, then add a few teaspoons of vinegar to the dishwasher. The vinegar cuts the grease and leaves the dishes spot-free and sparkling.



The notion of Tom fool goes a long way. It was the term for a foolish person as long ago as the Middle Ages (*Thomas fatuus* in Latin). Much in the way the names in the expression Tom, Dick, and Harry are used to mean "some generic guys," Tom fool was the generic fool, with the added implication that e was a particularly absurd one. So the word *tomfoolery* suggested an incidence of foolishness that went a bit beyond mere foolery.



## WHO AM I?

I was born in Fredericksburg, Virginia My favorite color is orange I love going to the gym My day consists of walking the dogs and going to the gym Once when I was in high school, my friends and I would run out on the basketball court and spell the name of the school with our arms My most treasured memory is when my daughter was born I have worked as an Iron worker and painter I would rather eat out in a restaurant than stay home and cook My favorite is Roast Beef I listen to Country music George Strait is my favorite singer My favorite movie is The God Father What makes me feel at peace is Knowing that God's got me and I will be O.K. I have traveled to Costa Rica My favorite holiday is Christmas

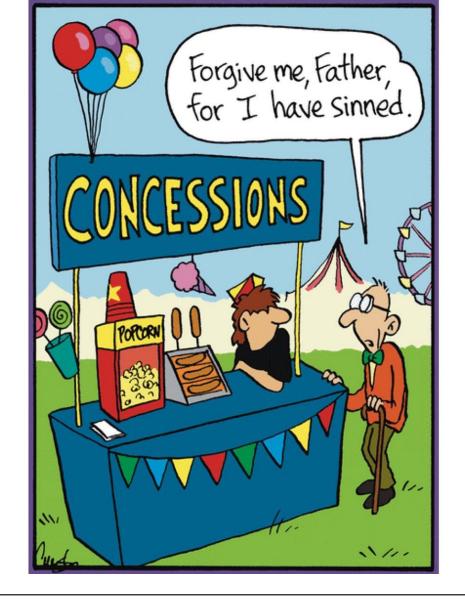
I love the smell of the beach My autobiography would be titled "Here I Go Again" The best part of waking up is knowing that I have another day ahead of me/ life If I could have one superpower I would choose Fly One thing I dream about doing one day is Deep sea fishing The one thing I am most proud of is My daughter and also where I am in life today My philosophy is "Work hard and everything will fall into place" My friends make me laugh the most I collect old bottles The most important law I would enforce if I were ruler is "No Freebees" My warning label would say "Sometimes the mouth runs a little more than I'd like it too.

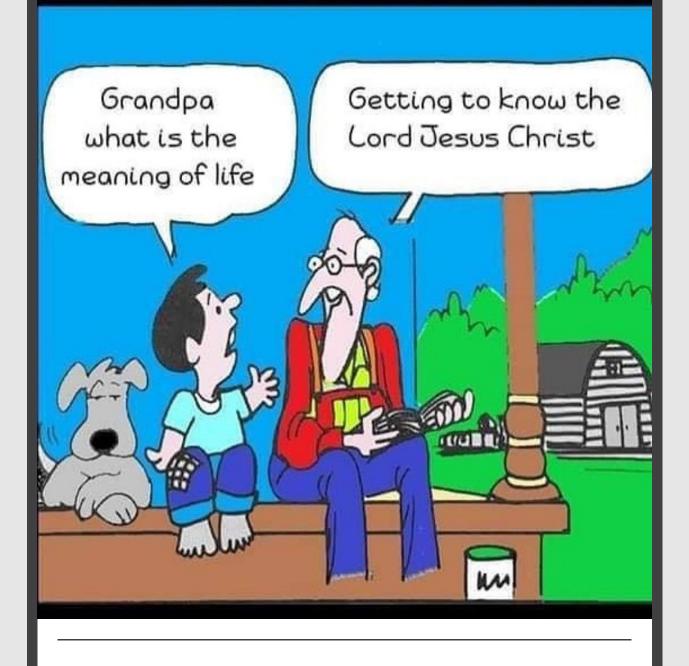
## WHO AM I? Meet Deacon Dyan Overstreet



WHO AM I ? I was born in Cairo, GA I love to cook Once I got involved with the wrong people I have three children

I used to file parts for appliances I love Chicken wings I read daily meditations My favorite singer is Fred Hammond John Claude Van Damme is my favorite actor I still watch Soap Operas I love to travel My favorite holiday is Easter I love taking care of my family The best part of waking up is thanking God for another day I want to go to Washington D.C. I love Clothes and shoes If I had a warning label it would say "Always serving God" My autobiography would be named "Doing it my way" I want people to know that I'm grateful to be alive







Jesus does not send perfume To linger in the air Instead He sends salvation, sweet To show how much He cares.

He doesn't bring me candy hearts In boxes of delight Instead He always lets me know I'm precious in His sight.

He doesn't send out pretty cards Trimmed in shades of red Instead He gave His life for me His precious blood was shed.

He doesn't hand out fancy gifts Like we would send to mother Instead He sends a message clear To always love each other.

He doesn't give me teddy bears That whimper, "please be mine" Instead He gave His heart to me I wear it all the time.

He doesn't give me roses, pink For all the world to see Instead He gave eternal life That's good enough for me!

- Marilyn Ferguson-

# **CHICKEN AND BROCCOLI**



#### Ingredients:

<sup>1</sup>/<sub>4</sub> cup all purpose flour 2 cups low sodium chicken broth Kosher salt and freshly ground black pepper <sup>3</sup>/<sub>4</sub> cup shredded sharp cheddar cheese 4 cups medium broccoli florets Cooking spray 3 cups frozen brown rice, thawed 1 rotisserie chicken, skinned, white and dark meat shredded (about 4 cups <sup>1</sup>/<sub>2</sub> cup grated parmesan

#### **Directions**

Preheat the oven to 400 degrees F. Put the flour and broth into a large saucepan and whisk until the flour is dissolved. Place the saucepan over medium heat and whisk continuously until the mixture comes to a boil; continue to whisk until the mixture is thick

enough to coat the back of a spoon, 10 to 12 minutes.

Remove the saucepan from the heat and whisk in 1 1/2 teaspoons salt and 1/2 teaspoon pepper. Add the Cheddar and whisk until melted. Add the broccoli florets and stir to coat.

Spray a 3-quart flameproof casserole dish with cooking spray. Toss the brown rice and chicken in a large bowl. Pour the broccoli-cheese sauce on top and mix well. Spread the mixture in the casserole dish and top with the Parmesan. Cover with foil and bake until bubbling and hot, about 25 minutes. Remove the foil and broil until the top is nicely browned, 2 to 5 minutes Serve hot.

Make Ahead Tip: Freeze the baked casserole for up to 2 weeks. Cover in oil and reheat at 350 degrees until hot. 35 to 45 minutes.

## **KRISTINA MARIA'S CAULIFLOUR SALAD**



1 head cauliflower (raw) - cut into bite size pieces <sup>1</sup>/<sub>2</sub> red onion – diced 1 package pre cooked bacon – cut into bite size pieces At least 1 cup mayonnaise or more if you like 3 tablespoons Apple Cider Vinegar 2 tablespoons sugar Salt, pepper and garlic powder to taste Mix all together Chill and Enjoy

## **OLD FASHION DATE BARS**



#### Ingredients

Date Filling 2 cups chopped pitted dates (about 10 oz) <sup>1</sup>/<sub>4</sub> cup brown sugar 1 cup water For the Oat Crust: 1 <sup>3</sup>/<sub>4</sub> cup old-fashioned or quick cooking oats (not

instant) 1 ½ cups all purpose flour 1 cup firmly packed brown sugar 1 teaspoon baking soda <sup>3</sup>/<sub>4</sub> cup butter, melted Instructions Position an oven rack in the center and preheat your oven to 350F degrees. Lightly grease a 9×13-inch baking pan with non-stick cooking spray.

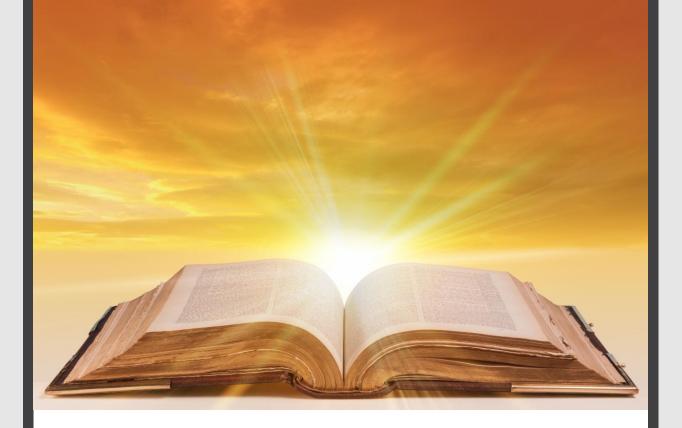
Make the filling by combining the dates, sugar and water in a medium saucepan and cooking over medium-low to medium heat until it's thick. Remove pan from the heat.

To prepare the crumb crust, combine the oats, flour, brown sugar, baking soda in a medium bowl with a fork or whisk. Add the butter and combine until the mixture is crumbly.

Press half of the oat crumb mixture into the prepared pan. Spread the prepared date filling on top of the oat crumb mixture to within ¼-inch of the edge of the pan. Top with the remaining oat crumb mixture, patting it down lightly.

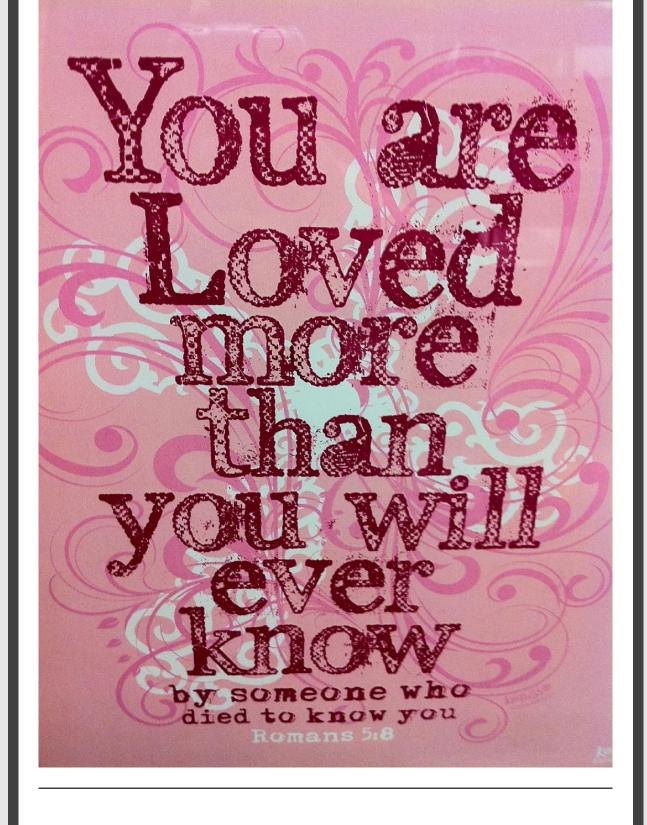
Bake the date squares for 25 to 35 minutes, or until lightly golden brown.

Remove from the oven and cool completely on a wire rack before cutting into 24 squares, bars, or triangles.



# I have LOVED you with an everlasting LOVED E Therefore with LOVINGKINDNESS I have drawn you.

JEREMIAH 31:3





# **ISAIAH 45:8**

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#### A direct and compelling headline

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